

REGULATION FOR PARTICIPATING IN THE ATHLETICS MEETING

ART. 1_Athletics meeting

All players must have a valid Basic membership and a valid non-competitive sports medical certificate for the duration of the tournament.

The meeting consists in 6 competitions (male and female):

- run: 100 metres, 400 metres, 1000 metres (only with 10 athletes), 3000 metres (only with 10 athletes);
- competitions: long jump, vortex throw.

Each registered participant can participate in an unlimited number of competitions and will compete both for single speciality rankings; and the general ranking. Each member will be able to inform the organization of the races in which they wish to participate by filling out a form that they will receive fifteen days before the date of the meeting.

They will be awarded the winners of individual competitions (male and female) and the first three winners (male and female) in the general ranking. The general ranking will be formed by adding up all the scores obtained by an athlete in the individual competitions (up to a maximum of three).

The results and ranking will be published and updated on the dedicated page on the [sports website](#).

The tournament will take place at Centro Sportivo Giuriati on **Saturday 20 April** from 15:00 to 17:00.

An athlete shall lose the competition by forfeit he/she fails to appear on the track within 60 minutes of the official starting time.

TECHNICAL REGULATION

a) SCORES:

At the end of each competition, a ranking for male athletes and one for female athletes will be drawn up, and scores will be assigned to individual athletes based on their position in the ranking, as follows.

1st place: 25 points
2nd place: 23 points
3rd place: 20 points
4th place: 19 points
5th place: 18 points
6th place: 17 points
7th place: 16 points
8th place: 15 points
from 9th place: 10 points
Athletes absent or who did not conclude the competition: 0 points

b) RUN

100 METRES (male and female)

Depending on the number of participants, the race will be held in heats (if more than 8 participants) or with a direct final. All times after 8th will be classified ex-quo in 9th place. The ranking to assign scores from 1st to 8th place will be drawn up based on the order of arrival of the final which will take place as the last race of the event.

400 METRES (male and female)

The batteries will be formed based on the numbers of registered participants. Maximum 8 competitors per heat. The start will be made with starting blocks.

1000 METRES (male and female)

A single battery will be formed with a minimum of 10 accredited athletes (with less than 10 accredited the race will be canceled from the meeting programme). If the total number of registered participants exceeds 20 accredited participants, more batteries will be formed. The batteries will be formed based on the registration time.

3000 METRES (male and female)

A single battery will be formed with a minimum of 10 accredited athletes (with less than 10 accredited the race will not be canceled from the meeting programme). If the total number of registered participants exceeds 20 accredited participants, more batteries will be formed. The batteries will be formed based on the registration time.

c) COMPETITION:

Long Jump (male and female)

Each participant is allowed 3 jumps (pitch axis 2 m).

Vortex Throw (male and female)

Each participant is allowed 3 throws.

For everything not covered in the aforementioned regulation, the technical and regulated regulations of FIDAL apply (any different indications will be provided at the beginning of the event).

INDICATIVE MEETING PROGRAM

MORNING

- 10:00 am: accreditation (at the secretariat in the runway arrival area)
- 11:00 am: 100 m women - heats
- 11:15 am: 100m men - heats
- 11.30 am: Women's long jump
- 12:00 pm: men's long jump
- 12:30 pm: Women's 3000m
- 1 pm: 3000m men

AFTERNOON

- 2:30 pm: launch of the women's vortex
- 3:00 pm: launch of the men's vortex
- 3:30 pm: women's 400m
- 3:45pm: Men's 400m
- 4 pm: Women's 1000m
- 4:30 pm: Men's 1000m
- 4:45 pm: Women's 100m final
- 5 pm: Men's 100m final