

RULES FOR PARTICIPATION IN THE MEN'S AND WOMEN'S 5-A-SIDE FOOTBALL TOURNAMENT ORGANISED BY POLITECNICO DI MILANO

RULES OF THE GAME

ART. 1_ Organisation of the tournament

All players must have a valid Basic membership and a valid non-competitive sports medical certificate for the duration of the tournament.

The first stage is round-robin, where each team meets the other teams in its pool.

At the end of this first stage, the top-ranked teams from each pool will advance to the knockout stage.

The calendars, results, possible sanctions and measures and all useful information during the course of the tournament will be published and updated on the dedicated page on the [sports website](#).

In the pool stage, the ranking of each individual pool is established according to the following scores:

- 3 points for each match won,
- 1 point for each match drawn,
- 0 points for each game lost.

In case of tied leader board scores, the ranking will follow this order:

- highest score in the *discipline series ranking*,**
- points obtained in head-to-head matches (in the case of three teams with equal points, this consideration is ignored),
- number of wins,
- goal difference,
- most goals scored,
- fewest goals conceded,
- draw.

A team shall lose the game by forfeit if it fails to appear on the court within 15 minutes of the official starting time. Teams that fail to show up shall be declared losers by 0-6 and shall lose the right to the return of the game deposit, unless they have notified the Organising Committee by 5 pm on the day before the match by sending an e-mail to tornei@polimi.it or by sending a message on WhatsApp to +39 338 4955185.

Each team shall include between **5 players** and **9 players**. Players cannot be added after registration closes, except in specific cases (e.g., player injury).

Each player may participate with only one team; if a player is listed on the roster of one team, they cannot be listed on the roster of another team.

It should be noted that the matches for the 5-a-side football tournament shall be played at the same time as the matches for other sports (e.g., 3x3 basketball, volleyball); players who choose to participate simultaneously in the tournaments for more than one sport shall acknowledge in advance the possibility that these different matches may overlap.

In this case, players shall have the sole right of choosing the match in which they wish to take part; the Organising Committee shall bear no responsibility for such an occurrence and any request by the teams to reschedule the games shall be declined.

The matches shall be played at the Giuriati Sports Centre:

- women's 5-a-side football: on Thursdays from 5:30 pm women;
- men's 5-a-side football: on Fridays from 6 pm onwards, on Saturdays and Sundays from 10 am to 6 pm.

NB. *The game schedule may change based on the timing of the renovation and expansion works of the C.S. Giuriati. The games could therefore also be played between Monday and Friday.*

The start time and dates of the tournament may be changed at the discretion of the Organising Committee. In the event of any changes, the captain(s) of the team(s) shall be notified promptly by the Organising Committee.

Once scheduled and designated, matches may not be rescheduled, except in the case of organisational problems on the part of the Organising Committee. Therefore, any requests to reschedule shall NOT be accepted.

It is strictly forbidden to wear 11-a-side football boots on the pitches; players must be wearing 5-a-side football boots or trainers to enter the pitch. The referee must refuse to allow any players with 11-a-side football boots to play in the match.

Below are the rules of the game:

a) DURATION

The duration of the matches is set at two 20-minute halves with a five-minute interval between the two halves.

a) SUBSTITUTIONS DURING THE MATCH

Unlimited substitutions are allowed, even when the ball is in play. The only player who cannot be substituted during play is the goalkeeper, who may be substituted when the game is stopped after informing the referee. The substituting players, however, must exit and enter the pitch via the marked area in their half of the pitch. Players entering must wait for their teammate to come off the pitch, under penalty of a yellow card for the player entering and possibly an indirect free kick for the opposing team.

c) 4-SECOND RULE

Goal kicks, kick-ins, corners and free kicks must be taken within 4 seconds, under penalty of the ball being given to the other team or indirect free kick in the case of a late kick by the goalkeeper.

In the case of a free kick, if the ball is suitably close to where the foul occurred and the referee believes the

opposing players to be at an adequate distance, the 4 seconds will begin immediately for both direct free kicks and indirect free kicks. If the referee is asked to check the minimum distance (5 metres), the 4 seconds will be counted from the referee's whistle to resume play.

d) KICK-INS AND CORNER KICKS

The ball must be kicked from fully on the line or up to 25 cm from the line outside the pitch, with both feet out of the pitch and within 4 seconds. Otherwise, the referee shall give the ball to the opposing team.

e) TIMED EXPULSION

In 5-a-side football, expulsion means players are sent off permanently. The team of the player sent off may bring in a substitute to re-establish numerical parity two minutes after the expulsion, under permission of the referee, or immediately after a goal by the opposing team.

f) TIME OUT

The coach or captain of each team may request one time-out per game. Time-outs shall last for one minute. The time-out minute will be made up by extra time.

g) THE GOALKEEPER

Must put the ball back into play from the goal line with their hands, within 4 seconds.

A goalkeeper commits a foul if, after losing the ball, they play it again before it crosses the centre line of the pitch or before it is touched by an opponent.

Cannot touch and control the ball with their hands if passed to them deliberately by a teammate.

Cannot in any case play the ball for more than 4 seconds, within their own half.

Is entitled to only one possession per 'action': an action ends when an opponent plays the ball or play is interrupted by the referee's whistle or restarting play (goal kick, kick-in or corner kick).

h) CUMULATIVE FOULS AND FREE KICKS

After five fouls by one team, the referee will award a bonus direct free kick to the opposing team. From then on, any foul committed by that team will result in a free throw to the other team. Other players, teammates and opponents must be behind the line of the ball and at a distance of at least 5 metres. The free kick can only be taken after the referee's whistle. At the time of the free kick, the goalkeeper may advance as far as 5 metres from the ball, but after the referee has blown the whistle, may not advance from the place where they have chosen to stand. Only fouls punishable by direct free kicks shall be considered for calculating cumulative fouls and fouls that are given free kicks. At the end of the first half of the match, the cumulative fouls are reset to zero.

i) SLIDE TACKLES

Slide tackles in an attempt to intercept the ball, even without touching the opponent, are punished with a direct free kick.

For anything not covered above, the technical and disciplinary rules of the Italian Football Federation (FIGC) - 5-a-side Football Division shall apply.

ART. 2_ Sanctions and additional provisions in relation to the GENERAL RULES OF TOURNAMENTS OF

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Players who receive a yellow card in two matches are given an official warning; if they receive a third yellow card, they are automatically disqualified for the next match.

Players sent off by the referee during a match shall automatically be disqualified for at least one day.

Disqualifications for one or more days must be applied to the matches immediately following the day the player received the punishment. In the case of a forfeited result for the team of a disqualified player during the period of disqualification, if the result is in favour of their team, the day of disqualification shall be considered completed; on the contrary, if their team is responsible for the forfeited result, the day of disqualification shall be applied to the match immediately following.

For bad language - swearing, profanities, etc. - against other players there shall be a first warning, followed by a yellow card and finally expulsion.

For bad language - swearing, profanities, etc. - against the referee, there shall be direct expulsion.

Deposit

Each team must deposit a **€50** fee as a game deposit and undertake to participate in all matches as per the schedule published on sport.polimi.it.

In the event that the team fails to turn up in time to play the match and has not notified the Organising Committee by 5 pm on the day before the match (by sending an e-mail to tornei@polimi.it or by sending a message on WhatsApp to +39 338 4955185), the deposit shall not be returned and shall be retained as a supplement to the registration fee.

The deposit must be paid in **cash** at the Giuriati Sports Centre on the day the team kit is handed out (the captain shall be notified by e-mail) and can be reclaimed from the day after the last match played by the team and no later than **20 December**, also at the Giuriati Sports Centre.

GAME FORMULA - MEN'S 5-A-SIDE FOOTBALL

The number of teams registered for the men's 5-a-side football tournament is **48**. The teams shall be divided into 16 pools of 3 teams each.

During the first stage, each team will play a single match against all the other teams in its pool.

At the end of the pool stage, the teams ranked first and second in each pool enter the knockout stage.

In the event of a tie, ranking positions shall be established according to the following criteria:

- a. **highest score in the *discipline series ranking*,**
- b. points obtained in head-to-head matches (in the case of three teams with equal points, this consideration is ignored),
- c. number of wins,
- d. goal difference,
- e. most goals scored,
- f. fewest goals conceded,
- g. draw.

The *discipline classification* takes into account the behaviour of the teams during the course of the championship, awarding a score in the event of a yellow card given (-1), expulsion for two yellow cards (-2), red card with direct expulsion (-3), game forfeited (-6).

Once the 32 teams have been decided, the tournament shall continue according to the following knockout schedule:



GAME FORMULA - WOMEN'S 5-A-SIDE FOOTBALL

The number of teams registered for the WOMen's 5-a-side football tournament is **6**. The teams The teams will be divided into 2 pools of 3 teams each.

During the first stage, each team will play a single match against all the other teams in its pool.

At the end of the group stage, the teams ranked first in each group and the teams ranked second in each group enter the knockout stage.

In the event of a tie, ranking positions shall be established according to the following criteria:

- a. **highest score in the *discipline series ranking*,**
- b. points obtained in head-to-head matches (in the case of three teams with equal points, this consideration is ignored),
- c. number of wins,
- d. goal difference,
- e. most goals scored,
- f. fewest goals conceded,
- g. draw.

The *discipline classification* takes into account the behaviour of the teams during the course of the championship, awarding a score in the event of a yellow card given (-1), expulsion for two yellow cards (-2), red card with direct expulsion (-3), game forfeited (-6).

Once the 4 teams have been decided, the tournament shall continue according to the following knockout schedule:



Both formulas may be subject to change depending on the actual number of teams registered for each tournament.